







# WELCOME TO OUR BURNLEY & ROSSENDALE NEWSLETTER

Bringing you our latest newsletter bursting with all the latest good news stories and information in the world of Our Lancashire.









### ABOUT OUR LANCASHIRE

Our Lancashire is a Lancashire wide initiative to bring groups and communities together under the banner – "Let's Join Together" in order to make Lancashire a greater place to live, work and play.

We are funded by the Police and Crime Commissioner and joining the Our Lancashire website www.ourlancashire.org.uk is a FREE Offer available to any not for profit social action group/CIC/Charity etc. running activities and events in their local community.

By joining this site you will be able to promote your group, recruit members and advertise events. We also have News and Support sections where you can find more resources and information.

If you have any questions regarding anything in the newsletter or would like support with anything else, please contact Janette Holden – Community Engagement Officer covering Burnley & Rossendale.



### **Offshoots**



Janette Holden, Community Engagement Officer for Our Lancashire, visited Emma Carter at Offshoots to catch up and see how they are ready to move forward, now that some of the covid restrictions have been lifted and they can start to welcome back their fantastic volunteers.

Offshoots Community Garden is based in Towneley Park. It is a beautiful site with different growing areas, polytunnels, a bee Apiary, wood workshop and a cosy cabin with a wood-burner.

They run volunteer sessions 3 days per week and everyone's welcome. You can get involved in gardening, site maintenance, growing food, woodwork and 'bee-friendly' activities.

The sessions are relaxed and enjoyable, the groups supportive and beneficial for physical and mental health. Meet new people, learn new skills, gain valuable work experience – whatever your interest, contact them to visit or have a chat to find out more.

Tel. 07764 244755

E-mail: emma.carter@newground.co.uk









### Lancashire County Council Consumer Scam Alerts

Please find the Consumer Alerts highlighted by Trading Standards attached to the email, in case the information is useful for any of your groups. The alerts comprise of various fraud attempts that have been reported across the county and provide useful information about what to look out for in the event of any suspicious activity, as well as how to report it.

Please do share with any of your groups who you feel may be particularly vulnerable to these sorts of scams, or with team members who have direct contact with such groups





### **HARRI**

HARRI Bus was at the Calico Gateway Building in Burnley on 25<sup>th</sup> May giving out health information.

Janette Holden our Community Engagement Officer for Our Lancashire joined them along with the Quit Squad, to give information out to the tenants who were either homeless or in recovery.



### **Gannow Food Share**

The Gannow Food Share Programme is supporting people in Burnley, Pendle and Rossendale who are struggling to put food on the table for themselves and their families.

The Food Share Programme is open from 10:00 a.m. until 3:00 p.m. every weekday.

People can drop in and pick up a bag without an appointment. The only details we need form you are name, address and how many people live in the household. We can also provide sanitary and hygiene products too.

If you'd like more information on the Food Share Programme please call **Alan or Alex on 01282 436396.** 



### Business Start-Up Workshop

We at the council have paid for an online business start-up workshop. It's aimed at pre starts and people in the early stages of business, but also for people who are established who want to refresh their offer.

The idea being you can start a business in five days, including things such as building a website and marketing your business.

https://events.popupbusinessschool.co.uk/BurnleyJune2021#/







### What's everyone talking about?

### **VOLUNTEERS' WEEK 2021**

A time to say thanks!

### WHAT IS VOLUNTEERS' WEEK?

Volunteers Week takes place 1-7 June every year. It's a chance to recognise the fantastic contribution volunteers make to our communities and say thank you.





Volunteers' Week is supported and celebrated by small grassroots organisations as well as larger, householdname charities, who together run hundreds of activities across the UK. These activities showcase and celebrate volunteers and the contribution volunteering makes in our communities.

Volunteers' Week 2021 is a time to say thanks. It goes without saying that volunteers have played a key role in the pandemic response. During an exceptionally difficult year, people from all walks of life around the UK have taken the time to volunteer and made a huge difference their communities – just as they do every year. This is a time for us to come together and thank all volunteers for their invaluable contribution.

This year's Volunteers' Week festivities also includes The Big Lunch. What better way to celebrate the impact volunteers have in their communities than The Big Lunch! This weekend is the UK's annual get together for neighbours and communities.

On 6 June, you can join in online, on your doorstep, in a park, or over the fence, guidelines permitting. This is your chance to celebrate community connections, recognise fellow volunteers, and talk to others about your experience volunteering.

We are looking forward to you joining us for Volunteers' Week 2021 to recognise the huge role volunteers play in our communities.

### WHY IS VOLUNTEERING IMPORTANT?

As well as helping others, volunteering has been shown to improve volunteers' wellbeing too.

It's human nature to feel good after helping someone out. Volunteering can also help you gain valuable new skills and experiences, and boost your confidence.

Volunteers' Week - Volunteers' Week is a chance to say thank you for the fantastic contribution volunteers make. (volunteersweek.org)

If you want to find out more about volunteering in your local area, contact BPR CVS Volunteer Centre. Tel. 01282 433740 or e-mail lisa.ross@bprcvs.co.uk







# What's everyone talking about?



Celebrate the NHS birthday weekend by joining us on the Big NHS Walk, a day to remember, centred around a healthy challenge whilst raising funds for your local hospitals NHS charity.

Fun, fresh air, family and friends. Turn the walk into a fun day out and register with your friends, family or colleagues. On your return, enjoy an alfresco afternoon tea box, provided by our award-winning catering team.

A new route for 2021 starts from Park View Offices at Royal Blackburn Teaching Hospital and takes us across some of the most scenic countryside in the area. Footpaths and bridleways bring stunning views, rural farmland, a typical English country pub and parts of a historic village heritage trail. The Big NHS Walk: East Lancashire Hospitals NHS Trust (elht.nhs.uk)

Event Date: Sunday 4 July 2021 Sign In: 9:15 a.m. to 10:15 a.m. Walk Start: 10:30 a.m. promptly







### **COMMUNITY NEWS & MORE...**

From out and about in the community to how to seek more funding, we've got it covered in this issue.



### Butterfly Friends 41%



A safe place for parents who have suffered a loss, to come and speak freely, seek advice and comfort to other parents. We simply get together and have

a natter.

First group starts on 29th April 2021



### Lancashire

First Thursday of Every Month

Boys & girls club Barden Lane playing fields.

**Burnley BB10 1JQ** 

Contact Rachael on 07702555078

Or Joanne on 07715635749





Lancashire



Opening the door to improve families lives Every Tuesday 1:00 pm-2:30 pm

**Boys and Girls Club Barden Lane Playing Fields** Barden Lane Burnley BB10 1JQ

Contact Rachael on 07702 555078 Joanne 07715 635749

"Jannat ke phool" (Flowers in heaven )



A safe place for parents, who have suffered a child loss, through illness, stillbirth or miscarriage, to come and speak freely , seek advice and comfort other parents.



First group starts on the 27th April

### in Fast Lancashire

Group runs on the last Tuesday of every month

1pm-2.30pm

Girls & Boys Club

Barden Lane playing fields,

Barden Lane

**Burnley BB10 1JQ** 

call or text

Rachael on 07702555078 or

Misbah on 07832161173

Pregnant women with a history of CSC involvement or are at risk of removal Women who have had children re

Women who have expressed a wish for support

Support women to make the right choices to over come the problems of the past, meet the challenges of the present and build a better future

**Group Work** 

Self-care and sexual health

Self-care and sexual health
Mental health and raising low self-esteem
Positive relationships
Expectations and impacts of parenthood
Engagement with other support services to promote change
Household issues such as budgeting, housing, safety in the home
Parenting such as basic needs of a baby, birth plans, maternity bags

Arts and crafts

**Benefits to Parents** 

Reduces isolation
Safe non-judgemental environment
Build positive friendships
Allows women to talk freely about their experiences
Cooking skills
Provides a consistent support throughout their journey
Reduces stress in pregnancy by providing emotional and practical support
Informs pregnant women about current guidelines around health in pregnancy and how a child's development can be impacted on by
parental life style choices

Assistance and support given with other issues such as housing and benefits

Home-Start is a local community network of trained volunteers and expert support helping families through challenging times.

Home-Start in East Lancashire is a local registered charity supporting families from pre-birth up to 13 years. We are there for parents when they need us the most because childhood can't wait.

We are recruiting Home Visiting Volunteers and Volunteer Trustees, and are accepting referrals of families who are facing difficulties.

Home-Start East Lancs recruit and train volunteers, who are usually parents themselves, who then work with the family, in the family's own home, offering informal and friendly, non-judgemental and confidential support.

We support parents as they grow in confidence, strengthen their relationship with their children and widen their links with the local community. Home-Start has a proven, lasting, positive impact on the development of children and the health and welfare of the family.









Padiham Leisure Centre

St Matthews Street Church - Saturday Mornings 9-11









### **Burnley Together Youth Employment and Skills Hub**

The Burnley Together Youth Employment and Skills Hub helps 16 – 24 year olds get into work or training.

As a result of the Covid-19 pandemic, it is younger people who experiencing the bulk of job losses, redundancies and reduced employment and training opportunities.

Working alongside <u>Job Centre Plus</u>, the **Burnley Together** partners have launched the hub to help young people whose job and training prospects have been devastated by the pandemic, and are calling for local businesses to do what they can to protect the future of the town's next generation.

The Youth Employment and Skills Hub will coordinate with local organisations to ensure young people still have access to training or job opportunities – with a personalised, coaching approach for each individual and a real focus on supporting younger people's physical and mental health, to help build resilience during this uncertain time. You will receive support, advice and access to opportunities not advertised or promoted elsewhere.

The launch of the Youth Hub and new Kickstart schemes are the first of several measures that the Burnley Together, the DWP, and partners will be introducing over coming months as part of a joined-up effort to supporting local young people who are struggling.

There are 2 ways to get in touch. Give us a call or email!

Have a chat with Burnley Together on 01282 686 402 or via email contact@burnleytogether.org.uk

Referral from the Job Centre Plus (DWP) – ask your work coach at your next appointment, or give them a call today.

See link below for more information

Youth Employment and Skills Hub - Burnley Together

### **Pendleside Hospice Meals on Wheels Service**

We launched our new Meals on Wheels service last year.

The hospice already cares for people in our community in their own homes and we see this as an extension of that service.

We are now looking for more volunteer drivers to deliver meals and conduct a welfare check to make sure clients are safe and well.



We are looking for volunteers who can spare us approximately 2 hours a day between the hours of 11:30am and 1:30pm over a 7 day week, particularly at weekends. You can assist us on 1 day or several days - it is up to you.

If you wish to apply to be a Driver/Welfare Volunteer please complete our Volunteer Application form by following this link <a href="https://www.pendleside.org.uk/images/pictures/joanne/volunteer-application-form.pdf?v=587346e3">https://www.pendleside.org.uk/images/pictures/joanne/volunteer-application-form.pdf?v=587346e3</a>.









### **BREAKFAST** CLUB

Free Breakfast - Cereal, Porridge, Toast, Eggs Fruit Juice, Tea, Coffee, Chat

### **EVERY SATURDAY, 9AM-11AM**

ST MATTHEW'S CHURCH HALL, **ENTRANCE ON ALBION STREET, BB11 4LZ** 

COMPLETELY FREE, JUST TURN UP. CHILDREN MUST BE ACCOMPANIED BY AN ADULT



Vanguard Community Centre Burnley BB11 4SD 01282 416194

We have VACANCIES for

PLAY STAFF

For Term Time &

Holiday Schemes sessions

We have opportunities for ...

Skilled Play Leader-Play Coordinator

Sessional Play Workers - Term time and Holidays

Full training provided.

Hours as required. 1 to 3 sessions per week.

Rates from £9 to £13 per hour

If you are over 16 and looking for a great opportunity and regular sessions working with children in an inclusive play environment. Enhanced DBS required.

If you are that get up and go person seeking work in child-care or play therapy. This could be the job for you.

E mail for appointment to discuss

Contact us now for details...

01282 416194 - vanquardcc@btconnect.com







Burnley Play Association Vanquard Community Centre 65 Bevington Close Burnley BB11 4SD 01 282 41 61 94

**VOLUNTEER PLAY WORKERS REQUIRED TO** SUPPORT CHILDREN WITH ADDITIONAL NEEDS IN A PLAY SETTING

We have a great Lottery Funded project starting in July. Join us and be in at the beginning.

Sessions from 3 hours per week Opportunity to develop into paid roles. Must be over 16 yrs. of age.

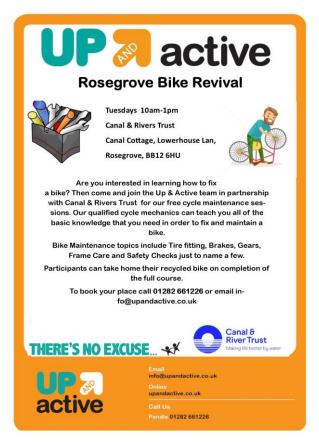
If you are looking to gain skills and confidence or seeking work placements working with children, this could be an ideal opportunity for you.

Why not contact us for a chat















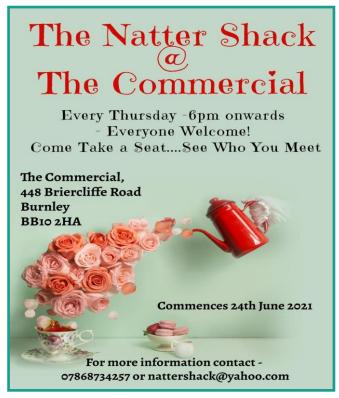


































The Building Better Opportunities projects are funded by the National Lottery Community Fund and the European Social Fund.

Participants are supported by a coach or keyworker throughout, using an individualised whole-person approach to remove their barriers to employment or training. We benefit from the specialisms of over 30 delivery partners across Lancashire and are equipped to help with many issues such as mental health and well-being, benefits advice, debt, housing, drug and alcohol recovery, domestic abuse, disability support, digital skills, confidence-building and CV and interview help. We are needs-led and can support participants for as long as 2 years if needed.

The **Age of Opportunity** project supports people who are **over 50** and currently unemployed or economically inactive to improve their skills and employment opportunities.

The **Invest in Youth** project supports young people **aged 15-24** who are unemployed or economically inactive including those not in employment, education or training, 'NEET' or at risk of becoming NEET, to improve their skills and employability.

The **Changing Futures** project supports individuals of **all ages (over 16)** who are at risk of exclusion from the labour market to overcome multiple and complex barriers and move towards employment and training.

We are particularly keen to engage those aged over 50 to Age of Opportunity.

### Get In Touch

If you know someone who is over 50 and keen to work, but is experiencing multiple and complex barriers to achieving this who might benefit from Age of Opportunity, or anyone who fits into the other categories, please contact Selnet:

Tel: 01772 200690 email: hello@selnet-uk.com Find out more: www.selnet-uk.com/bbo/

**Case Study from Age of Opportunity** 

Gabriela is aged 52 and she moved to the UK from Poland 4 years ago, with her husband and three children (now aged 12, 14 and 21). Gabriela and the younger two children had been supported financially by her husband until they separated recently and is now struggling with growing debts. Gabriela does not speak English very well and is assisted at appointments by her children who have learned to speak English through school. Gabriela cannot afford to move back to Poland and would like to stay in the UK to work and provide for her family, however her lack of basic English speaking skills is a major barrier to finding employment.







Rossendale 60's Festival in association with Rossendale Radio. 10th - 12th September 2021.

The Festival Organisers are delighted to announce that this year's Festival will be going ahead. In association with your Community Radio Station Rossendale Radio it is hoped that a number of events will be featured either via Live Broadcasts or recorded to play out later.



We really want Businesses, Voluntary Organisations, Clubs, Pubs, Churches and anyone else to start thinking of 60's themed events they can create to put on over the Festival weekend, either one day or all three, which will help you get the 'crowds' (socially distanced if required) back in, Post Covid?

NOW is the time to get thinking caps on and let your creative juices flow in thinking of what you can make 'Fab & Groovy' for this smashing weekend.

We will also be holding our famous 'Window Dressing Competition' where the windows with the best 60's theme will win prizes.

Once you have the idea, let us know at: petesweetmore@hotmail.co.uk and we will ensure it's promoted across the Region and on your Community Radio Station – 104.7 Rossendale Radio.

Our last Festival in 2019 had over 42, 60's themed events across the weekend, with over 3,000 participants, making it one of Rossendale's prestigious entertainment events in the year.

As a voluntary organisation, we are always looking for Festival Sponsors. If you can help and would like your Companies information on all the promotional materials and I.T. media, please get in touch.

If you wish any further information, or want to have a chat about what you could do, please contact Pete Sweetmore (Festival Group Chairman) on: **Tel.07963 322966** 

### Children in Need Funding

There is going to be a **particular focus in Preston and East Lancs** for the Children in Need Funding in the coming months. There haven't been many applications for these areas and they are aware there is great need there at the moment.

They are happy to answer any questions groups may have, however they are also planning to run a Q&A session for each region of Lancashire when the next funding round is announced.



The deadline for small and large grants will probably fall some time in October however, it's a lengthy process so it is best to start thinking about it now if any groups are interested.

Ali Fletcher has been through the application process herself so is happy to answer any questions groups may have.

If you want to register your interest for the Q&A session or would like more information contact Ali Fletcher ali.fletcher@bbc.co.uk

# COMMUNITY FUNDING OPPORTUNITIES...

### **Nationwide Building Society Community Grants Opens for 2021 Applications**

Funding for smaller charities and other charitable organisations for projects that tackle a housing problem in local communities in eligible parts of England, Wales, Scotland and Northern Ireland.

Nationwide Building Society is offering grants of between £10,000 and £50,000 for projects of either one year or two years.

Projects should target one of Nationwide's three outcomes:

Preventing people from losing their home.

Helping people in a home.

Supporting people to thrive within the home environment.

The funding will support core costs (up to 20% of the grant amount requested); staff and volunteer costs; small-scale capital costs; activity costs; development and capacity building costs; and building works and refurbishment costs. Nationwide has made two changes to its 2021 programme:

Charities should have been running for at least three years and have a £25,000 minimum average income over three years.

There is now a cap on the number of applications per region. This has been introduced in order to manage volumes and to preserve a success rate of approximately one in four (25% of those who apply within each region will receive funding). The cap means the date on which applications close in different regions may be earlier than 17 June 2021.

Applications will be accepted from 17 May to midnight on 17 June 2021.

Nationwide Grants (nationwidecommunitygrants.co.uk)

### The Eric Wright Charitable Trust

The Eric Wright Charitable Trust Community Small Grants programme is aimed at local organisations within the VCFSE sector providing activity to address locality community cohesion, reduce social isolation and make a positive difference to the lives and wellbeing of people of all ages. Organisations must have an annual turnover of less than £30,000.

Projects should strongly support specific local needs in the following key areas to successfully qualify for this fund:-

Increasing opportunities to participate in local community action

Keeping people well and feeling part of their community

Increasing resilience and improving mental wellbeing, enabling individuals and families to cope well, overcome barriers to achieving their potential and increase their skills

Support people who are more vulnerable, such as those with a long term conditions, who are frail and/or have complex needs

Promotes greater partnership working between the community and general practice, and other VCFSE organisations

Reduce social isolation, with a positive impact on health and wellbeing

Contact Tracey Noon for more information e-mail: tracey.noon@bprcvs.co.uk







# COMMUNITY FUNDING OPPORTUNITIES...

### **Children in Need Emergency Essentials Fund**

BBC Children in Need are committed to supporting disadvantaged children and young people affected by the Coronavirus pandemic.

Donations received from the BBC's The Big Night In appeal mean we can extend the support provided by the Emergency Essentials Programme. This will help us to reach more children and young people with the essential items they need.

Many families will be unable to send their child back to school for some time. To help reduce the pressure of isolation on families, we are providing grants for additional items.

This includes:

Supporting access to education resources through grants for digital devices. This includes laptops and tablets. Grants for toys and games.

The programme is also experiencing a rise in applications for other essential items. These items include washing machines, cookers and fridge/freezers. Thanks to donations received, we can also award more of these essential items.

Family Fund Business Services administer the grants on our behalf. They work with local organisations to reach families who are in need of our support.

For more information about eligibility and how to apply for a grant, please visit **their website** or contact Family Fund Business Services at **emergencyessentials@familyfundservices.co.uk** 

The Rossendale Holiday Activity and Food (HAF) programme is coming to a venue near you in August 2021!

Targeting young people aged 5-16 years old who are in receipt of free school meals, Rossendale Borough Council in partnership with Rossendale Leisure Trust are overseeing the programme, with a number of venues across Rossendale available throughout the month of August, with a range of different activities being carried out.

Activities will be running Tuesday to Friday for weeks commencing 2nd, 9th, 16th and 23rd August from 9-1pm each day. All attendees will also be eligible for each a warm hot meal for dinner (dependant on venue), or a healthy packed lunch.

For further information on the programme as either a parent/guardian, or if you would be interested in being a host venue or provider of activities, please contact the lead coordinator for Rossendale <a href="mailto:paul.gallagher@rltrust.co.uk">paul.gallagher@rltrust.co.uk</a>



### FOR MORE INFORMATION OR IF YOU NEED ANY SUPPORT GET IN TOUCH...





VISIT OUR WEBSITE FOR MORE INFORMATION AND EVENTS AT

WWW.OURLANCASHIRE.ORG.UK