



Our Lancashire Newsletter/Updates Burnley & Rossendale

Our Lancashire

Our Lancashire is a Lancashire wide initiative to bring groups and communities together under the banner – “Let’s Join Together” in order to make Lancashire a greater place to live, work and play. We are funded by the Police and Crime Commissioner and joining the Our Lancashire website www.ourlancashire.org.uk is a FREE Offer available to any not for profit social action group/CIC/Charity etc. running activities and events in their local community.

By joining this site, you will be able to promote your group, recruit members and advertise events. In addition, you will be able to access information about other groups in your local area, and where relevant access up to 6 FREE DBS checks for volunteers (raised to 15 at the moment) of groups with less than £150K turnover. We also have News and Support sections where you can find more resources and information.

If you have any questions regarding anything in the newsletter or would like support with anything else, please contact Janette Holden – Community Engagement Officer covering Burnley & Rossendale. E-mail: Janette.holden@lancashire.police.uk or Tel: 07779 971966.

News

NHS UK

If you've had the COVID-19 vaccine, it's vital that you continue to follow social distancing guidance.

Read the latest guidance here: nhs.uk/conditions/coronavirus-covid-19/social-distancing/what-you-need-to-do/





This is **Your Space** for **Your Community...**

We are here to promote your group and activities so that the people of Rossendale know about you and can benefit from the great work you do!

Are you a Rossendale based community group, local charity, faith organisation, volunteer group, local health service or any other group providing events, services and activities that benefit and improve the lives and wellbeing of the people of Rossendale? **Then we need to hear from you!**

Haslingden Community Link will be managing the directory on behalf of the community and now invite **you** be part of our community and list your organisation on the directory.



To place your service on our site get in touch and request a directory listing form today!



Call us on:
01706 23011



Email us at:
info@rossendalecommunitydirectory.co.uk

We look forward to working with you!

Rossendale Community Directory, a REAL legacy for Rossendale.



LAL – Careers Fair 28th January

This free online Careers Fair promises to be anything but dull, with an inspiring motivational speaker, interactive workshops, and mini bites from 7 different employers about their industries. The event will also include engaging sessions for your mental wellbeing, to build resilience and confidence and create a healthier happier you.

To enrol and book your free place, click here: [Virtual Careers Fair | LAL - Lancashire Adult Learning](#)

Alcoholics Anonymous

There are regular meetings taking place for the East Lancashire area, mostly online but with some face-to-face. Please contact eastlancsaa@gmail.com if you'd like specific information about what's available locally

Premises are also required for AA meetings in Accrington, Blackburn, Burnley and Colne areas for up to 15 people during this COVID period, which will not be affected by lockdown. Please get in touch if you have a suitable venue.

Selnet Digital Freedom 50+ Project

The [Digital Freedom 50+ project](#) continues to be a big success and the project team want to thank you again for all of your applications and support.

We are now at the final stage of the project. We've got 160 tablets and are awaiting a delivery of Mifi's and SIMS which are due in this week. We still remain **oversubscribed** in BwD and Preston so we would like to ask for no applications to be submitted for these two districts.

As per below, we really need to push for more submissions in **Hyndburn, Fylde and Wyre, Pendle and Lancaster.**

Please can all partners particularly in these districts submit applications as a **priority** to help ensure distribution of the devices is even. This is a stipulation of the project's funder.

Please see guidance attached to the e-mail.

Libraries Update

Whether you live in Lancashire or Blackburn with Darwen, your local library service offers lots of digital resources, as well as the opportunity to reserve books for collection, and access computers and resources on site by appointment. Check the website or call for further information.

[Coronavirus: Libraries, archives and museums - Lancashire County Council](#)

Jobs

Lancashire Mind

Lancashire Mind are currently recruiting for two full-time posts

- **Coaching Lead** Closing date: 4th Feb
- **Community Development Coordinator**. Closing date: 4th Feb

Find more details at [Work for us | Lancashire Mind](#)

Active Lancashire

Finance and Monitoring Support Officer – 2 posts

We are looking for two individuals to join our enthusiastic and high performing team who have experience and understanding of what it takes to effectively monitor the performance of projects. Closing date, Monday 8th February. www.activelancashire.org.uk/jobs/finance-and-monitoring-support-officer

Marketing Manager

We are looking for a highly driven, creative and experienced Marketing professional keen to use their skills to develop and deliver the Active Lancashire Marketing Strategy to ensure that Active Lancashire has a consistently high and positive profile externally that will influence key Stakeholders and drive development opportunities across the organisation. This role will also be the lead Marketing professional for the new and highly innovative (ESIF Funded) Business Health Matters Project. Closing date, Friday 5th February. www.activelancashire.org.uk/jobs/marketing-manager

Group Info

Our Lancashire

Our Blackpool Engagement Officer Jonas has a new time and day for his weekly Zoom Quiz. Join in every Monday at 11:00am this week there are Disney and geography related questions. Everyone welcome!

<https://zoom.us/j/97933139824?pwd=NTlaTjRRaXMzdINZR2lxcmlYSnlEZz09>

Meeting ID: 979 3313 9824

Passcode: 925404

And on Thursday 4th February at 2pm, Gail will be exploring the idea of **collaborating with other groups and organisations**. Book your free place via Eventbrite; <https://www.eventbrite.co.uk/e/collaborating-with-other-groups-and-organisations-tickets-136956495565>

For more events and opportunities to get involved you can find these and other events running locally on the [Our Lancashire](#) website.



Snowdrop
Doula

COMMUNITY INTEREST COMPANY



Conference

*Growing families;
nurturing together*

- Family support • Perinatal mental health
- Complex needs • Working together

Now online webinar.

29th January 2021

9:30-4:30

Speakers include
Rineke Schram
from Birthrights
and poetry live
from Hollie McNish.



COMMUNITY
FUND

A conference showcasing the results of the projects within Snowdrop Doula CIC and discussions around how to work together to better support.

Click [here](#) to book. Our conference is now a “pay as you feel” rate in order to reach more people.

Tel. [01282 926410](tel:01282926410)

e-mail: conference@snowdropdoula.co.uk

LUSH Conference for Friends of Libraries groups 4 March 2021

Our organisation has been awarded funding by [ACE](#) to run a national conference - [LUSH](#) - targeting Friends of Libraries groups and particularly those in inner city areas, on World Book Day, 4 March.

We are really excited by the prospect of inspiring Friends groups across the country to get more involved in bringing enriching activities right to the heart of the community.

The [day](#) itself is packed full of workshops and performances - with UK's top poet and raconteur [Lemn Sissay](#) regaling us with his stories of antics in libraries and their significance to his life. We will have world-renowned guerilla gardener [Ron Finlay](#) as a second keynote speaker, inspiring us all to get our hands dirty and enrich our communities by growing our own supplies of food (on whatever scale). [Chanje Kunda](#), a UK based performance poet will also be presenting her upbeat commission on what libraries mean to her.

Then we have a treasure trove of 12 workshops - including fundraising advice for Friends groups - and advice on delivering online and face to face activities from Knit and Natter, to storytelling in schools, to yoga for health and community elevation. We will also be providing each recipient with a resource pack.

We enclose our link to the free [Eventbrite ticket](#) and recommend early booking.
<https://www.eventbrite.co.uk/e/136324978681>



Online Dementia Hub

If you are missing the support and socialising provided by your local Dementia Hub why not join our Zoom online Dementia Support Group?

Taking place every fortnight on Fridays at 2pm we will meet online for a chat and a guest speaker will attend each session. There will also be some gentle exercise and a sing song to create a positive atmosphere.

This is available to anyone living in Lancashire, to support people with dementia, their carers and families.

For those unfamiliar with using Zoom we can provide help in setting up an account and joining the meeting.

For more information or to
book a place, please
contact Anne Oliver on:

07807 338783

aoliver@ageuklancs.org.uk



Freedom Programme

Wednesday 2:30-4pm

We will meet via Zoom, and there will be a break in between.

Please also let us know if you would be interested in an Evening Freedom Programme: 7:30-9pm



TO REGISTER:

Please get in contact with either:

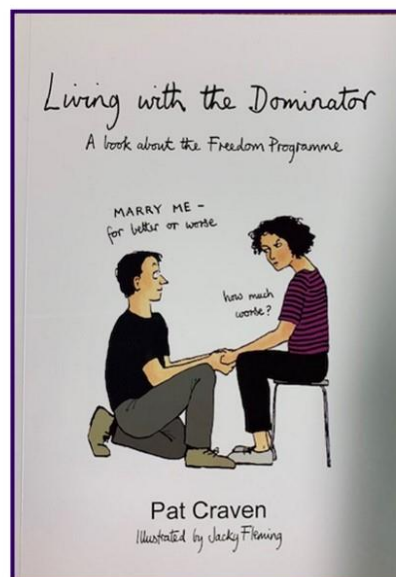
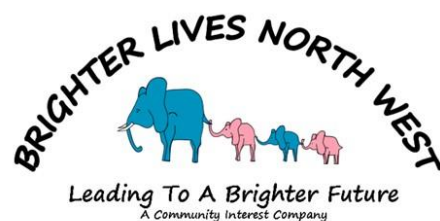
beth@brighterlivesnorthwest.co.uk

Tel: 07513704804

OR

mandy@brighterlivesnorthwest.co.uk

Tel: 07736928428



In addition to the programme, women who attend will also get extra emotional support on a 1-1 basis.

Socially Distanced

Brew & Chat

Online

**Anyone
can
join**

Contact

beth@brighterlivesnorthwest.co.uk

Tel: 07513704804

OR

mandy@brighterlivesnorthwest.co.uk

Tel: 07736928428



Saturdays at 11am

You Are Not Alone

To try and combat social isolation, we are setting up a weekly meeting where anyone can come and talk to other people in the community !



CONTACT DETAILS

Telephone: 07925 726855

Email: contact@brighterlivesnorthwest.co.uk

**New
Project!**

To refer in, please email or call us for a referral form—or you can find them on our website:

www.brighterlivesnorthwest.co.uk

Free Service
until
June 2021

6 MONTH PROJECT

With our new funding, we are proud to announce that we will be carrying out a six month project working with Children and Young People in the Burnley and Pendle area who suffer from Domestic Abuse and Mental Health Needs.

With funding from our CCG commissioners
from the Burnley and Pendle Panel Key
Priorities Funding

Gannow Community Centre

Gannow Community Centre is again in need of carrier bags for their food share. If anyone has any spare, we would be grateful for whatever you have. Our address is: Adamson Street. Burnley.

The Food Share Programme

The food share is currently open between 10 a.m. – 3 p.m. 5 days a week. The food share programme has expanded to now include items such as feminine hygiene products, nappies, toilet rolls, deodorant, toothpaste and shower gels.

We have a stockpile of female hygiene products including tampons and sanitary towels. The centre also has a range of nappies available in the following sizes: Newborn, Size 1, Size 2, Size 3 and Size 7. We also have baby wipes too.



If you're currently in need and struggling financially Gannow Community Centre is here to help. All you have to do is give the centre a call on [01282 436396](tel:01282436396) and the staff will help where they can.

Any products ordered will have to be collected from the centre.

Carers Link Lancashire

MONTHLY DEMENTIA SUPPORT HUB

Join us online to share experiences, learn from expert guest speakers, get advice to help care for your loved ones, find a space to come together, make friends and support one another. This month's guest speaker is Linda from Progress Lifeline who will be sharing details of devices they have on offer.

1st Tuesday of every month
2.00pm - 3.00pm

ZOOM ID - 89308287579
Password -589866

Monthly

Dementia Support Hub



With guest speaker
Linda Baker
Progress Lifeline

Funding

At the beginning of November we started to deliver grants to support people and their carers living with Dementia.

To date over 20 applications have been assessed and at the end of December, 10 had been completed. The funding seems to be making a real difference to people's lives and we would like to reach as many people as possible.

Home Improvement Dementia Grants

Burnley Council will provide up to £1,000 for people with dementia or memory loss to help fund a range of adaptations to their home or to provide equipment which may help people to live well at home. This could include buying bespoke products or the use of colour and contrast to aid orientation in the home.

The grants will take the form of **adaptations and equipment** to the home rather than a monetary award.

Eligibility Criteria

- Residents of Burnley living in their own home either in the private rented sector, social rented sector or owner occupiers
- Have received a clinical diagnosis of dementia or who are experiencing memory loss



Referrals

Referrals can be made from a range of agencies including Age Concern, GPs, early intervention dementia service, integrated neighbourhood team, Cross Roads Care, social prescribing workers, occupational therapists, social services, careers link and via self-referral and through family members.

Homewise Society will deliver the grant on behalf of the Council and their Handyperson service will then fit the required minor aids, equipment and adaptations.

For further information please contact **Homewise Society** directly on **01254 232249** or email **Info@homewisesociety.org.uk**

Lancashire County Council

The second round of the Lancashire Community Food Grant Scheme has gone live. During the first round of funding in December 2020 there were 35 successful applications, which received a total of £32,715 from the Community Food Grant Scheme.

There is funding of £12,285 available in Round 2. As in the first round, the scheme is aimed at local organisations within the voluntary, community and faith sector that deliver projects to tackle food insecurity.

Funding of up to £1,000 is available to support projects that provide emergency food and / or tackle food insecurity, focusing on supporting those most in need. Funding can be used on:

- Equipment
- Venue hire
- Training
- Volunteer expenses

Applicants who were successful in Round 1 are ineligible for funding in Round 2.

The closing date for applications is 19th February. More information and copies of the application form and guidance notes are available at <https://www.lancashire.gov.uk/council/grants/community-project-support/lancashire-community-food-grant-scheme/>

If any groups have queries about the grant scheme they can contact communityfoodgrants@lancashire.gov.uk

Wilko Helping Hands programme

Helping our local community is really important to us. That's why every Wilko store has a budget to give a little helping hand to local groups and community projects. You could get Wilko gift cards, products or volunteers to help with whatever you're doing for your community - whether it's a raffle prize to help with fund raising or tins of paint and extra helpers to do up a community centre - we'd love to help you! [Wilko](#) | [Corporate](#) | [Home](#)

Smart Energy in The Community Fund

Grants for regionally based organisations that can deliver support to people who are offline or on a low income to ensure they understand how smart meters can benefit them.

The Smart Energy GB in Communities programme is part of Smart Energy GB's campaign to inform and inspire people about smart meters and the benefits they can bring.

There are two levels of funding in 2021:

Grants of between £15,000 and £25,000 for organisations reaching people who are **offline**: adults who have no personal internet access anywhere, both inside and out of the home, including use via mobile devices

Grants of between £7,500 and £10,000 for organisations reaching people on a **low income**, defined as having an annual household income of less than £14,000 before tax.

Acknowledging the challenges which coronavirus/COVID-19 present, the scheme is looking to fund partners that offer multiple routes into reaching people who are offline or people on a low income. There is particular interest in projects that offer a combination of direct and indirect activities to reach people at scale.

Projects must be delivered between 1 April and 8 December 2021.

Applications will be considered from regionally based organisations preferably with local networks that can deliver support to people in one of the target groups (people on a low income or people offline). Housing associations and local authorities are eligible to apply. Applicants will need to have a trusted voice in their community and provide support to people in this year's target group(s).

The deadline for applications is 12 February 2021 (12 noon).

https://www.nea.org.uk/smart-meters/smart-fund/?utm_source=sendinblue&utm_campaign=Smart_Energy_GB_in_Communities_Fund&utm_medium=email

Youth Covid-19 Support Fund

A new fund for local and national youth organisations, designed to help mitigate the impact of lost income during the winter period due to the coronavirus pandemic, is open for applications.

Applications will be accepted from grassroots youth clubs, uniformed youth groups, and national youth and umbrella organisations based in England.

Applicants must be one of the following:

A registered charity.

An incorporated not-for-profit organisation.

An incorporated Community Interest Company.

Grants are intended to cover essential business expenditure, such as staff salaries and operational costs, incurred between 1 November 2020 and 31 March 2021 that enable the organisation to remain viable, open, reopen or partially reopen, where this represents a value for money approach and where their service delivery is in line with Government COVID-19 guidance.

All grants must be spent by 31 March 2021.

The deadline for applications is 12 February 2021 (5pm)

<https://www.gov.uk/guidance/apply-for-the-youth-covid-19-support-fund>

Training

Orange Button Community Scheme

Did you know that if you live or work in Lancashire, you can access **FULLY FUNDED** Suicide Awareness training, and then have the opportunity to become a member of the Orange Button Community Scheme?

The Orange Button is a way of identifying people in the community who have had suicide awareness training and may be able to support, provide information or signpost people that may need them (using skills gained from your training)

To see what courses are available and to know how to book on, please visit

<https://www.healthierlsc.co.uk/orangebuttonscheme>

Please follow @HealthierLSC and use #OrangeButtonCommunity to find out more.



Orange Button Community Scheme

Orange button holder



As part of the partnership working with HLSC the course is available free of charge and you receive an orange button. The orange button signifies that you are open to talk and support anyone who would like a conversation and possible support. This does not mean you need to have all the answers or that you are an 'expert'. It means that if someone who is feeling overwhelmed and wants to have chat or ask for further support that they can approach you. For you as an individual. If you are having a challenging day yourself ...you do not need to wear the button and can take some time out.

Click on this link for more information on how to sign up:

<https://www.healthierlsc.co.uk/orangebuttonscheme>

For those of you working with young people there is also free YMHFA training and we are looking to put out more courses in the future. You can put yourself on a waiting list using the following link: [Mailing List Sign up](#) This is commissioned by LCC Public Health and is a recognised course through Mental Health First Aid and free online training. You can view further information at: <https://www.p-a-c.org.uk/training/> the red links are currently inactive awaiting a website update.

Age UK retirement planning workshops

Age UK retirement planning workshops are being delivered free over Zoom during Thursdays lunchtimes starting 28th January and will run on a 3-week rotational basis

[Planning for Your Retirement Workshop \(ageuk.org.uk\)](https://www.ageuk.org.uk)

LAL - Wellbeing

There is a suite of **free wellbeing courses** with Lancashire Adult Learning (LAL), free to all residents of Lancashire. Topics include;

- Finding Positives in Challenging Times
- Introduction to Home Exercise
- It's a Man's Life
- Simple Relaxation Techniques
- Mindfulness Techniques for Everyday Living
- Creative Ways to Improve Your Well-being
- Introduction to Microwave Cookery

To see the full list and book a place go to [Health and Wellbeing | LAL - Lancashire Adult Learning](#)

Lancashire Recovery College

CAD Talk - Hoarding Issues & Awareness 12th March 2021

Why do people hoard, and what are the underlying mental concerns that can develop a seemingly harmless collection, into a housing crisis?

The aim of this CAD Talk is to bring awareness of hoarding issues, what support is available to those who have hoarding issues within our communities, how can we improve current support and educate services on how best we can work with each other to improve the quality of lives for those people who hoard.

Following this talk, the aim of our wider team, is to develop a peer support hoarding awareness group for people with hoarding issues, their families and friends, within the (initially) Central Lancashire area.

Our panel will include NHS and Government service professionals, housing associations, and private companies that all have extensive experience in hoarding.

Visit Eventbrite to book a place or follow this link

<https://www.eventbrite.co.uk/e/cad-talks-hoarding-issues-and-awareness-tickets-136255153833?aff=ebdssbonlinesearch>

For any enquiries regarding the event please email Julie.kemp@lscft.nhs.uk

Mental Health Family Hour - Young people's mental health

Last week we went live for another episode of the Mental Health Family Hour, which focused on young people's mental health, where we spoke about: anxiety, lack of motivation to do any work and the fear of losing someone to COVID-19.

Here is the link for you to watch and share -

<https://www.youtube.com/watch?v=2v8aGkxdjcA&feature=youtu.be>

This is beneficial for both the young people and parents. We talk about things from both perspectives. Please share this with your networks and enjoy the episode.

GET IN TOUCH



W: www.ourlancashire.org.uk

www.lancsvp.org.uk

www.lancashire-pcc.gov.uk

If you do not wish to continue receiving these newsletters, please let me know and I will remove you from the mailing list.