

Domestic abuse – where to get help during the Covid-19 pandemic

We know that COVID-19 (Coronavirus) will have a serious impact on the lives of women, children and men who are experiencing domestic abuse.

Fears over jobs, financial pressure, school closures, working from home and all the other current changes to our day to day lives are likely to result in an increase in domestic abuse incidents.

If you're already living with domestic abuse, then the restrictions put in place while the government tries to slow the spread of the virus have probably left you fearful of being isolated in the house with your abuser and as if there is nowhere to go for help.

You may not be able to see the friends and family who usually support you, and some of the places where you go for help or treatment may be closed or offering a reduced service.

Please remember that you can still call 999 if you or someone else is in danger.

While some domestic abuse support services are not able to offer face to face meetings at this time, there is still help and advice available online and over the phone. These local and national organisations are working hard to ensure they can still support you.

Blackburn

Wish Centre (Blackburn with Darwen) - 01254 260465

Blackpool

Safenet (Blackpool) - 07891 / 01253 347119

Fylde Coast Women's Aid (FCWA - Blackpool / Fylde / Wyre) - 01253 596699

All Other Areas of Lancashire

Lancashire Victim Services - 0300 323 0085

Contact for All Refuge Enquiries (Both Lancashire and Nationally)

Safenet – 0300 3033 581

Representatives on this number will assist in finding refuge accommodation both for any Agency enquiry and any person wanting to do a self-referral.

National Helpline Numbers

National Domestic Abuse Helpline – 0808 2000 247 (24hrs)

Respect Domestic Abuse Phoneline – 0808 8024040 (9am x 5pm)

Men's Advice Line (National) - 0808 801 0327

Galop (National LGBT+) - 0800 999 5428

